

“BUT *THIS ONE THING I DO*”

Philippians Chapter 3:13b

Neutral accusative, ἐν, one thing, exclusive of the rest; one thing before all others: Mark 10:21; Luke 18:22; Luke 10:42; John 9:25; Philippians 3:13; James 2:10.

1. Losing FOCus.

Genesis 19:26

Luke 17:31,32

Luke 9:62

2. RE-FOCUS

Romans 12:2

Titus 3:5

3. maintain FOCUS

Joshua 1:8

Psalm 1:2



BIGGEST DISTRACTIONS



Distraction caused by body



Distraction of the mind



Environmental distractions



Digital distractions

SINGLE PROBLEM SOLUTIONS

“BUT *THIS ONE THING I DO*”

WRITE ONE

DO ONE

MEMORIZE ONE
