

52-DAY RECONSTRUCTION
Nehemiah 6, Lesson 7
CO-DEPENDENT VS
INTERDEPENDENT



working hard
WITH someone?

vs.



working hard
BECAUSE
of someone?

Like A River Glorious by Francis Havergal

guitar starts on 3^d string

D A D D7 G A D
Like a river glorious Is God's perfect peace,
D A D A E7 A
Over all victorious In its bright increase;
D A D G D Em A7 D A
Perfect, yet it floweth fuller ev'ry day;
D Em Bm E D A D
Perfect, yet it groweth deeper all the way.

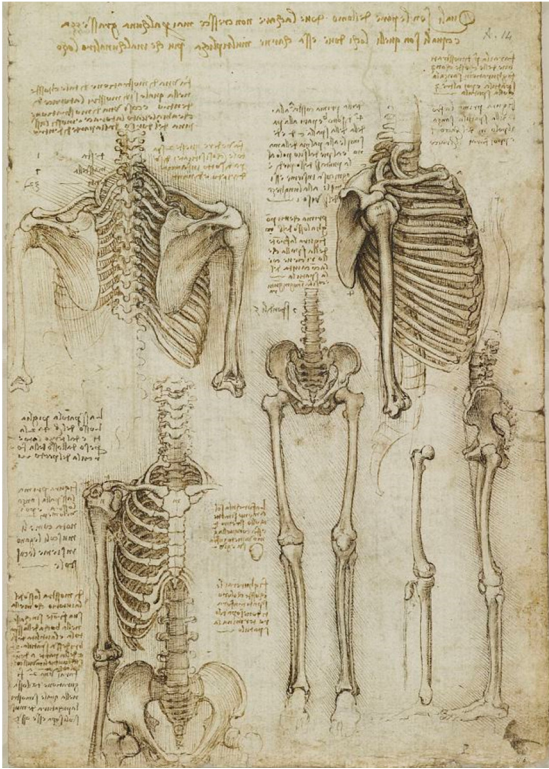
D G D
Stayed upon Jehovah
Em A7 D A
Hearts are fully blest
D Em Bm E
Finding as He promised
D A D
Perfect peace and rest

Hidden in the hollow Of His blessed hand,
Never foe can follow, Never traitor stand.
Not a surge of worry, Not a shade of care,
Not a blast of hurry Touch the Spirit there.

Every joy or trial falleth from above
Traced upon our dial by the Sun of Love
We may trust Him fully all for us to do
They who trust Him wholly find Him wholly true.

INTERDEPENDENCY 101

“The people had a mind to build” They worked side-by-side



1 CORINTHIANS CHAPTER 12 – select verses working together we build more

12 For as the **body is one**, and hath **many members**, and all the members of that one body, being many, are one body: so also *is* Christ. 14 For the body is not one member, but many.

15 If the foot shall say, Because I am not the hand, I am not of the body; is it therefore not of the body? 16 And if the ear shall say, Because I am not the eye, I am not of the body; is it therefore not of the body? 17 If the whole body *were* an eye, where *were* the hearing? If the whole *were* hearing, where *were* the smelling?

18 But now hath God set the members every one of them in the body, as it hath pleased him. 19 And if they were all one member, where *were* the body? 20 But now *are they* many members, yet but one body.

25 That there should be no schism in the body; but *that* the **members should have the same care one for another**.

27 Now ye are the body of Christ, and members in particular.

Nehemiah Chapter 3

The Builders of the Walls

1 Then Eliashib the high priest rose up with his brethren the priests, and they builded the sheep gate; they sanctified it, and set up the doors thereof, and finished it, unto the tower of Hananeel.

2 And next unto him builded the men of Jericho. And next to them builded Zaccur the son of Imri.

3 But the fish gate did the sons of Hassenah build, who *also* laid the beams thereof, and set up the doors thereof, and finished it.

4 And next unto them repaired Meremoth the son of Urijah, the son of Koz. And next unto them repaired Meshubam the son of Zadok the son of Baana.

5 And next unto them the Tekoites repaired; but their nobles put not their necks to the work of the wall.

6 Moreover the old gate repaired Jehoiada the son of Paseah, and Meshullam the son of Berechiah, and Jedaiah the son of Harim, repaired it.

7 And next unto them repaired Melatiah the Gibeonite, and Jadon the Merathite, the ruler of the half part of the wall.

8 Next unto him repaired Uzziel the son of Harhaiah, of the goldsmiths.

9 And next unto them repaired Rephaiah the son of Hur, the ruler of the half part of the wall.

10 And next unto them repaired Jedaiah the son of Harim, the ruler of the half part of the wall.

11 Malchijah the son of Harim, and Hashub the son of Bethnabai, repaired the Dung Gate.

12 And next unto him repaired Shallum the son of Colai, the ruler of the half part of the wall.

13 The valley gate repaired Hananiah the son of Shelemiah, the ruler of the half part of the wall, and a thousand cubits on the wall unto the dung gate.

14 But the dung gate repaired Shemaiah the son of Shelemiah, the ruler of the half part of the wall.

15 But the Dung Gate repaired Shemaiah the son of Shelemiah, the ruler of the half part of the wall.

16 And next unto him repaired Hananiah the son of Shelemiah, the ruler of the half part of the wall, and a thousand cubits on the wall unto the Dung Gate.

17 And next unto him repaired Hananiah the son of Shelemiah, the ruler of the half part of the wall, and a thousand cubits on the wall unto the Dung Gate.

18 And next unto him repaired Hananiah the son of Shelemiah, the ruler of the half part of the wall, and a thousand cubits on the wall unto the Dung Gate.

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21 And next unto him repaired Hananiah the son of Shelemiah, the ruler of the half part of the wall, and a thousand cubits on the wall unto the Dung Gate.

22 And next unto him repaired Hananiah the son of Shelemiah, the ruler of the half part of the wall, and a thousand cubits on the wall unto the Dung Gate.

23 After him repaired Azariah the son of Maaseiah the son of Ananiah by his house.

24 After him repaired Azariah the son of Maaseiah the son of Ananiah by his house.

25 Palal the son of Urai, the ruler of the half part of the wall, and the tower which lieth out from the king's high house, that was by the court of the prison. After him Pedaiah the son of Parosh.

INTERDEPENDENT BUILDERS ARE CO-WORKERS TOGETHER

Nehemiah Chapter 6

1 Now it came to pass, when Sanballat, and Tobiah, and Geshem the Arabian, and the rest of our enemies, **heard that I had builded the wall**, and *that there was no breach left therein*; (though at that time I had not set up the doors upon the gates;) **2** That Sanballat and Geshem sent unto me, saying, **Come, let us meet together in some one of the villages in the plain of Ono**. But they thought to do me mischief. **3** And I sent messengers unto them, saying, **I am doing a great work, so that I cannot come down: why should the work cease, whilst I leave it, and come down to you?** **4** Yet they sent unto me **four times after this sort**; and I answered them after the same manner. **5** Then sent Sanballat his servant unto me in like manner the fifth time with an open letter in his hand; **6** Wherein *was* written, **It is reported among the heathen, and Gashmu saith it, that thou and the Jews think to rebel**: for which cause **thou buildest the wall, that thou mayest be their king**, according to these words. **7** And **thou hast also appointed prophets** to preach of thee at Jerusalem, saying, *There is a king in Judah*: and now shall it be reported to the king according to these words. Come now therefore, and let us take counsel together. **8** Then I sent unto him, saying, **There are no such things done as thou sayest, but thou feignest them out of thine own heart**. **9** For they all made us afraid, saying, Their hands shall be weakened from the work, that it be not done. **Now therefore, O God, strengthen my hands**. **10** Afterward I came unto the house of Shemaiah the son of Delaiah the son of Mehetabeel, **who was shut up**; and he said, **Let us meet together in the**

house of God, within the temple, and let us shut the doors of the temple: for they will come to slay thee; yea, in the night will they come to slay thee. **11** And I said, **Should such a man as I flee? and who is there, that, being as I am, would go into the temple to save his life? I will not go in**. **12** And, lo, I perceived that God had not sent him; but that he pronounced this prophecy against me: **for Tobiah and Sanballat had hired him**. **13** Therefore *was* he hired, that **I should be afraid, and do so, and sin, and that they might have matter for an evil report, that they might reproach me**. **14** My God, think thou upon Tobiah and Sanballat according to these their works, and on the prophetess Noadiah, and the rest of the prophets, that would have put me in fear.

15 So the wall was finished in the twenty and fifth *day of the month* Elul, **in fifty and two days**. **16** And it came to pass, that when all our enemies heard *thereof*, and all the heathen that *were* about us saw *these things*, they were much cast down in their own eyes: **for they perceived that this work was wrought of our God**. **17** Moreover in those days **the nobles of Judah sent many letters unto Tobiah**, and *the letters* of Tobiah came unto them. **18** For *there were many in Judah sworn unto him*, because he *was* the son in law of Shechaniah the son of Arah; and his son Johanan had taken the daughter of Meshullam the son of Berechiah. **19** Also **they reported his good deeds before me**, and uttered my words to him. **And Tobiah sent letters to put me in fear**.

MY LIFE HAS KNOWN
TIME TRAPS

There is this person....

They always want to....

When I do that, I will always...

Instead, I need to avoid...

Politely say or not reply....

What's my daily plan?

MY FOCUSED PRAYER...

**Have I memorized Psalm
Chapter 1 ?**

PATIENT FOCUS on life goals

This is your life with God

AVOID life-sapping crisis

addicted friends. STAY FOCUSED

Nehemiah Chapter 6

1. Hard Core Distractions

Verbal Conversion Traps – 4 x

vs.1,2 “That Sanballat and Geshem sent unto me, saying, **Come, let us meet together in *some one of the villages in the plain of Ono***”

v.4 “**four times after this sort**”

v.7 “Come now therefore, and let us take counsel together”

Publicized Slander

vs.5-7 “an open letter in his hand; **6** Wherein *was* written, **It is reported among the heathen**, and Gashmu saith *it*, ”

thou and the Jews think to rebel; thou buildest the wall; thou mayest be their king, and thou hast also appointed

“it be reported to the king according to these words.”

Scaredy-Cats Traps

v.10 the house of **Shemaiah, who *was* shut up**; and he said... for they will come to slay thee; yea, in the night will they come to slay thee... v.11 ...**for Tobiah and Sanballat had hired him.**

Insided Traitors

v.10 Afterward I came unto the house of **Shemaiah... for Tobiah and Sanballat had hired him.**

v.13 Therefore *was* he hired, that **I should be afraid, and do so, and sin**

v.17 ...**the nobles of Judah sent many letters unto Tobiah**

v.19 Also **they reported his good deeds before me,**

2. Hard Core Success

We Built The Wall

v.1 “our enemies, **heard that I had builded the wall, and *that* there was no breach left therein;**

v.15 So the wall was finished in the twenty and fifth *day of the month* Elul, **in fifty and two days.**

Zero Distraction Reaction

v.3 And **I sent messengers** unto them, saying, **I *am* doing a great work, so that I cannot come down:** why should the work cease, whilst I leave it, and come down to you?

v.4 **4X**, and I answered them after the same manner.

v.8 **There are no such things done as thou sayest, but thou feignest them**

v.11 And I said, **Should such a man as I flee?**

Focus Prayer

v.9 Now therefore, **O God, strengthen my hands.**

v.14 My God, think thou upon Tobiah and Sanballat according to these their works...

Testimony

v.16 ...**all our enemies heard *thereof*, ...and saw *these things*, ...they perceived that this work was wrought of our God.**

Proverbs 1:10 My son, if sinners entice thee, consent thou not.

Hebrews 12:1 “...let us run with patience the race that is set before us, 2 Looking unto Jesus the author and finisher of our faith;”

Proverbs 1:5. A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels

CO-DEPENDENT VS INTERDEPENDENT

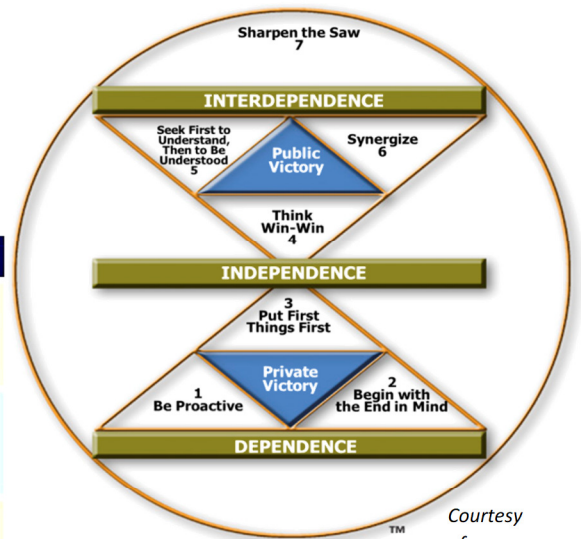
I'm a General Contractor – not a doctor. There are good quotes, recycled quotes and there are old quotes. I prefer the time-tested ones.

DO WE KNOW THE DIFFERENCE?
If not, we have already trapped ourselves!

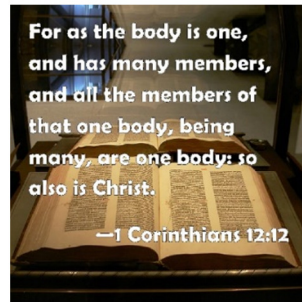
Here are a couple of idea examples that made a good point.

Codependency vs. Interdependency

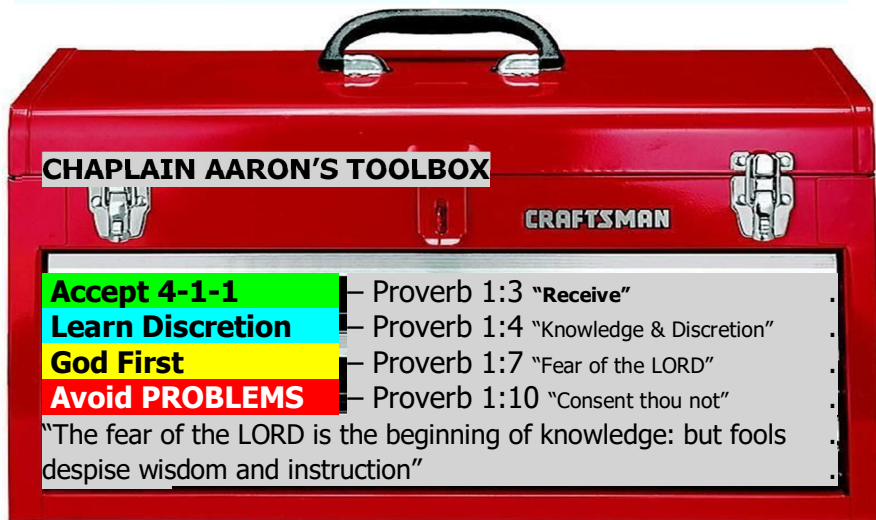
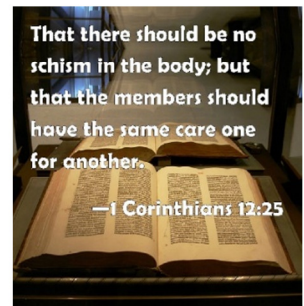
Codependent	Interdependent
Compelled, driven, intense, compulsive, and possessive. Compulsive need to keep partner so tied to the other that every thought, word, and action is guarded.	Freedom of choice individually, promoting growth. Partner acts in the other's best interest and gives them room and encouragement to grow and express their own individuality.
Enmeshed identities, feeling threatened by differences Suffocating closeness and attitude of "You have to be just like me."	Separate identities, good self-esteem, values differences Self-esteem comes from within, not from the other person; partners value the differences of the other.
Attributes strength of relationship, the other person or control over the other person. I can't live with your mentality or dictator/servant roles.	Attributes strength to two separate entities working together to achieve a mutual goal. Strength comes from within not through other person.
Intense ups and downs. Cycle of behavior from good to violent; assumes the roles of victim, victimizer, and rescuer at certain intervals of the cycle.	Consistency and predictability. Maintains consistent attitude of respect; partner knows what to expect in any situation and can trust the others commitment.
Narrow support system one or both partners crowd out other relationships or isolate themselves or their partner from other people, including family.	Broad support system. Both partners include outside activities to bring a healthy balance and growth to their relationship.
Stock-market syndrome or people pleasers. One partner reacts to the mood of the other. If he is having a bad day, you have a bad day. If he is happy you are happy.	Stable self-esteem. You sympathize care for the other person, but you do not take on their hurt or problems as your own.
Refusal to deal with the past, denying and repeating problems. Repeats dysfunctional behavior of parents, but denies there are any problems.	Open to periodic evaluation and opportunities for change. Evaluates the relationship and is open to healthy change and growth.
Need to control or be controlled: manipulative; self-centered. "I want what I want when I want it" or "you do exactly what I say or else" attitude; often very critical and verbally abusive.	Mutual submission. Surrendering power for the other person's own good; relinquishing your rights and not keeping score



Courtesy of Franklin Covey



The Bible said it first!



The Amish and Mennonites still follow this Biblical example of a community of families working and building together. They know what works in this specific area of **INTERDEPENDENCY**.